



## VACATION GROCERY SHOPPING LIST

This shopping list is offered as a guide to get you started with your Holden Beach grocery shopping needs. Adjust as you see fit for your family size and preferences. These versatile items will allow you to make simple and healthy meals as you go (with hopefully minimal leftovers at the end of the week).

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### Pack from Home

- Sugar
- Breadcrumbs
- Cornmeal
- Cornstarch
- Dish Detergent
- Dishwasher Detergent
- Flour
- Herbs & Spices
- Hot Sauces
- Freezer Bags (Quart & Gallon)
- Laundry Detergent
- Rice
- Tinfoil Sheets
- Trash Bags
- Other: \_\_\_\_\_

### Protein

- Bacon
- Chicken
- Eggs

- Hamburger
- Sausage (breakfast)
- Steak
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Bread

- Bagels or English Muffins
- French or Italian Loaf
- Pancake Mix
- Sandwich Bread
- Tortillas
- Other: \_\_\_\_\_

### Condiments

- Balsamic Vinegar
- Ketchup
- Syrup
- Olive Oil
- Other: \_\_\_\_\_

### Produce

- Asparagus
- Avocado

- Bananas
- Berries
- Broccoli
- Garlic
- Lemons/Limes (for cooking)
- Mushrooms
- Onions
- Oranges
- Peppers (bell and/or Hot)
- Potatoes
- Salad Greens of Choice
- Spinach
- Strawberries
- Tomato
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Pasta

- Pasta of Choice
- Pasta Sauce of Choice
- Other: \_\_\_\_\_

**Dairy**

- Butter
- Cheese(s) of Choice
- Cream Cheese
- Milk
- Plain Greek Yogurt or Sour Cream
- Yogurt (Breakfast)
- Other: \_\_\_\_\_

**Beverages**

- Alcoholic Beverage(s) of Choice
- Drinking Water
- Iced Tea

Limeade or Lemonade

Orange Juice

Soft Drinks

Other: \_\_\_\_\_

**Snacks**

- Meat, Cheese & Crackers
- Popcorn
- Salsa
- Sweets of Choice
- Tortilla Chips / Chips
- Veggies & Dip
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

**Paper Products**

- Dish Soap
- Paper Plates
- Paper Towels
- Toilet Paper
- Other: \_\_\_\_\_

**Miscellaneous**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_